



SELF-DIRECTION IN LONG TERM SERVICES AND SUPPORTS

THE CASH AND COUNSELING DEMONSTRATION AND EVALUATION TEN YEARS ON

Edited by
Kevin J. Mahoney, Ellen K. Mahoney
and Michelle Putnam



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Self-Direction in Long Term Services and Supports

The Cash and Counseling Demonstration and Evaluation Ten Years On

Edited by **Kevin J. Mahoney**, **Ellen K. Mahoney**, Boston College, Chestnut Hill, Massachusetts, USA and **Michelle Putnam**

Ten years after the results of the Cash and Counseling Demonstration and Evaluation were released, this book assesses the impact of this study, which developed individualized plans for helping people with disabilities to stay independent in the community. The study was the first wide-scale test of people with disabilities managing their own budgets and results from the random-controlled trial demonstrated significant positive outcomes, encouraging the US federal and state governments to provide this option as part of their community-based care programs.

This volume looks at what people with disabilities and their caregivers are saying about this option ten years removed from the study, and what the latest research shows in terms of what it will take to improve this approach, making the option available for all people with disabilities. The contributions also discuss what needs remain unmet even when people can manage their own budgets, and present participants' and their family caregivers' views on what support broker activities really help (or hurt). Finally, the book summarizes the results of a project involving the Council of Social Work Education and nine schools of social work to develop modules to train future social workers on person-centred planning and participant direction.

Of interest to those researchers studying social care with a focus on disabilities, this book would also be of use to those training social workers and support staff. The chapters in this book were originally published in the Journal of Gerontological Social Work and Home Health Care Services

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